Latest News

NEWSLETTER

Easter 2019

Students aim to help mental health issues

BUXTON students hosted the borough's first-ever summit to improve the lives of young people battling mental health issues.

Doctors, councillors and teachers will be among those acting on the recommendations set out in the finished charter, created at the Waltham Forest Mental Health Summit in January.

Our students were joined by secondary schools from across Waltham Forest to put together the blueprint for better services for young people with mental health issues.

Money to hold the summit was raised by our students, who won a grant of £1,000 after impressing a panel at City Hall last year.

Youth Health Champions from each school put forward their ideas for the charter before they were voted on.

Student Rosanna Ballinger-Drayton said: "People in the past haven't known where to go for help but this is not the case at Buxton now.

"There is somewhere safe for everyone. We have campaigned to raise awareness for LGBT and other issues and now the charter is there for everyone."

Deputy head boy Senfil Coopoomootoo said the Youth Health Champions scheme at Buxton helps students feel they have mor turn to.

He added: "We have posters an school and people know they can about things they cannot speak al adults.

"The staff at Buxton really eng talk about mental health. Underst the importance of a student lead, teachers, is really important."

Community and Extended Sch Ms Moloney said: "This is a peer conversation. It really stems from the young people here at Buxton, who, with the help of the school, really wanted to do something to make a change.

"The young people voiced a concern about having a space to talk safely with other students about their mental health – and we were determined the help them achieve it.

"Their ideas are brilliant. They are moving social media towards being a more mental health friendly space and even started a hashtag."

The hashtag started by the students is #forestmindtalks

Waltham Forest Council's Director of Learning David Kilgallen praised the school for its passion to help. He said: "We have got to support young people in talking about mental health issues.

The council's cabinet member for children and young people, Cllr Grace Williams, said Buxton students are leading the movement health awareness among young

Health champions: Cllr Grace Williams with acting headteacher Jackie Bowers-Broadbent and some of the Buxton School students involved in the summit

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people. The new Forest Minds social media channels can be followed on Facebook, Instagram and Twitter.

● Students use social media to combat mental health issues: Turn to page 2

School's night of celebration

BUXTON students were recognised for their outstanding achievements both inside and outside school over the last year at an awards celebration at Walthamstow Assembly Hall.

● Full report: Turn to page 3

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World Book Day dress up photos

Click here to see the **Photos**

Pyjama reading evening photos

Click here to see the **Pyjama Reading evening photos**

Buxton school students took part in the 'Voice in a Million' concert at the Wembley Arena

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Buxton Voices visit to the Town Hall

Click here to see details on **The Town Hall visit**