

Latest News

Students aim to help mental health issues

Buxton students hosted the borough's first ever summit to improve the lives of young people battling mental health issues.

Doctors, councillors and teachers will be among those taking on the recommendations set out in the finished charter, created at the Whitham Forest Mental Health Summit in January.

Our students were joined by secondary schools from across Whitham Forest to put together the blueprint for better services for young people with mental health issues. Money to hold the summit was raised by our students, who won a grant of £1,000 when impressing a panel at Croy Hall last year.

Health Champions from each school put forward their ideas for the charter before they were voted on.

Student Kwanzaa Billings-Dryden said: "People in the past haven't known where to go for help but this is not the case at Buxton now."

"There is somewhere safe for everyone. We have campaigned to raise awareness for LGBT and other issues and now the charter is there for everyone."

Support is also being provided by South Cheshire and the Youth Health Champions scheme at Buxton helps students feel they have support.

He added: "We have posters on school and people know they can talk about things they cannot speak at home."

"The staff at Buxton really engage with mental health. Children understand the importance of a student's health, teachers, it really impacts."

Community and Education Officer Ms. McManus said: "This is a great conversation. It really comes from the young people here at Buxton, who, with the help of the school, really wanted to do something to make a change."

The young people voiced a concern about having a space to talk and with other students about their mental health - and we want to do that to help them achieve it."

"Their ideas are brilliant. They are wanting social media to help with it. Some mental health issues and even started a helpline."

The helpline started by the students is open to all.

Whitham Forest Council's Director of Learning David Kilgallon praised the school.



Health champions: Cllr Grace Williams with acting headteacher Jackie Bowers-Broadbent and some of the Buxton School students involved in the summit for its purpose to help. He said: "We have got to support young people in making about mental health issues."

The council's cabinet member for children and young people, Cllr Grace Williams, said: "Buxton students are leading the movement health issues among young people."

He added: "This is a brilliant thing that has been achieved. The students at every secondary school in the borough are leading the movement health issues among young people."

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Spring 2 Empathy Leaders



Buxton playgrounds are much happier and kinder places, thanks to our incredible, caring Empathy Leaders. After training received from the PSHE lead in school (Miss du Plooy) they have received their high visibility vests. They will be wearing them in the playground and around the school. We also wish the new Empathy Leaders well.

[Click here to see More](#)

Summer 1 Empathy Leaders



Pyjama reading evening photos



[Click here to see the Pyjama Reading evening photos](#)

Buxton school students took part in the 'Voice in a Million' concert at the Wembley Arena



[Click here to see More](#)



Buxton opens doors for our community.

We are an honest, kind family of learners, inspiring ambition for our pupils' future.

Opening doors, inspiring ambition.



BuxtonVoices visit to the Town Hall



[Click here to see details on The Town Hall visit](#)