

# [WEEKLY MENU]



Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken, Spinach & Sage Lasagne with Garlic Ciabatta	Carbonade of Beef garnished with Baby Onions & Buttered Carrots	Roast Chicken, Sage & Onion Stuffing with Roast Gravy	Beef Chilli Dog & Slaw	Catch of the Day with Chips & Tartar Sauce
Vegetarian Dish of the Day	Quorn & Vegetable oven-baked Paella	Mushroom, Chickpea & Pepper Stroganoff	Refried Beans & Quorn Enchiladas with Coriander Sour Cream & Salsa	African Black Bean, Squash & Date Stew with a warm Flatbread	Spanakopita Spinach & Feta Pie served with a Side Salad
Fusion Corner	Teriyaki Lamb Noodle Stir Fry	Thai Fish Mango Curry with Steamed Rice	Szechuan Beef Noodles	Lemon Chicken Arribiatta served with Penne Pasta	Piri Piri Chicken
Fusion Corner	Shanghai Hot & Sour Mushroom & Vegetable Stir Fry Noodles	Sag Aloo served with Naan Bread and Rjata	Vegetable Manchurian Stir Fry Noodles	Vegetarian Ravioli Gratin topped with Baby Tomatoes & Pesto	Chef's Choice
Vegetable of the Day	Seasonal Side Salad Fresh Vegetables	Buttered Herb Steamed New Potatoes Fresh Vegetables	Thyme Roast Potatoes Fresh Vegetables	Crispy Garlic Wedges Fresh Vegetables	Chipped Potatoes Fresh Vegetables
Dessert of the Day	Lemon & White Chocolate Cake & Custard	Cherry Bakewell Tart with Chantilly Cream	Bread & Butter Pudding with a Spiced Orange Sauce	Ginger & Pear Crumble with Vanilla Sauce	Steamed Syrup Coconut Sponge & Custard
Cold Selection	Cold Selection of Baguettes, Sandwiches Salad Boxes, Fresh Fruit & Yoghurt Pots	Cold Selection of Baguettes, Sandwiches Salad Boxes, Fresh Fruit & Yoghurt Pots	Cold Selection of Baguettes, Sandwiches Salad Boxes, Fresh Fruit & Yoghurt Pots	Cold Selection of Baguettes, Sandwiches Salad Boxes, Fresh Fruit & Yoghurt Pots	Cold Selection of Baguettes, Sandwiches Salad Boxes, Fresh Fruit & Yoghurt Pots