

# [WEEKLY MENU]



Week 3

Weeks Commencing: Mon 17th Sept – Mon 8th Oct – Mon 5th Nov – Mon 26th Nov – Mon 17th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Lasagne with Side Salad	Turkey Casserole with Warm Crusty Bread	Roast Beef, Yorkshire Pudding & Roast Gravy	Spanish Chicken with Turmeric Rice	Battered Fish Fillet with Tomato Ketchup
Vegetarian Dish of the Day	Penne Pasta in Tomato Sauce with Cheesy Garlic Bread	Vegetable & Chickpea Stew	Hoi Sin Vegetable Noodles	Tomato & Cheese Pizza	Vegetable Bean Burger
Vegetable Choice	Garden Peas & Carrots	New Potatoes, Sweetcorn & Broccoli	Roast Potatoes, Green Beans & Curly Kale	Cauliflower & Carrots	Chipped Potatoes Baked Beans Garden Peas
Dessert of the Day	Orange & Mandarin Jelly & Ice Cream, Fresh Fruit Salad	Peach Upside Down Cake with Vanilla Sauce Fresh Fruit Salad	Dutch Warm Apple Pie with Custard, Fresh Fruit Salad	Bread and Butter Pudding & Custard, Fresh Fruit Salad	Chocolate & Orange Cake & Chocolate Sauce, Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit

